



DECLUTTER

YOUR LIVING SPACE

CLUT•TER: To fill or cover with scattered or disordered things that impede movement or reduce effectiveness.

MERRIAM-WEBSTER

The average person spends a surprising amount of time searching for misplaced items over the course of their life. That is time that could be better spent on what truly matters. Living in a clean and organized environment helps you move through your day with greater ease. It reduces stress, saves time, and creates a sense of clarity. When it comes to selling a property, this clarity becomes even more powerful. A well organized space allows buyers to focus on the home itself, helping them connect more easily and see its full potential.

“ Anxiety is caused by lack of control, organization, preparation, and action. ”

DAVID KEKICH

THE 5 - BIN APPROACH

Get ready to relieve your anxiety and become less overwhelmed by utilizing this organization technique.

1: ITEMS THAT NEED TO BE PUT AWAY

Place items that belong somewhere else on the property in this bin. Eventually, you'll put them away where they belong; the intention is to put them somewhere while you're clearing the room.

2: ITEMS TO BE FIXED

Place items that you plan to fix or that need to be washed or cleaned in this bin, such as toys and dirty or scuffed shoes.

3: ITEMS TO DONATE

Items in this bin are in good condition, but you no longer need or use them. They are likely getting in the way and can be given to friends or family, sold online, donated to a local charity in your area, etc.

4: ITEMS TO BE RECYCLED

This is the bin where you'll place items made of paper, plastic, or glass that you don't want to keep. Add all empty drink bottles, food containers, magazines, or newspapers.

5: ITEMS TO DISCARD.

Place expendable items in this bin that you can't recycle or donate.

" There's something about a clean house, a clean room.

It does wonders for the psyche. "

BRIAN SANSONI

WHAT ABOUT SENTIMENTAL ITEMS?

Here's how to handle them to create more space

IS IT WORTH KEEPING?

If you use or enjoy the item, hang on to it. However, you may not need to retain every piece of artwork your children created throughout the property. It can be helpful to ask a relative or friend when deciding what to keep.

CHOOSE A FEW ITEMS THAT REMIND YOU OF A LOVED ONE

If you've inherited many heirlooms, see if other members of your family would like some, too. Donate the rest.

YOU CAN GET RID OF AN ITEM WITHOUT GETTING RID OF MEMORY

Take a photo of the item. Place it in a journal or scrapbook and write what it means to you. This creates space in your property while maintaining the integrity of a sentimental item you may want to keep forever.

ORGANIZATION TIPS

FOR EACH ROOM OF YOUR PROPERTY

With the emergence of Marie Kondo, many look at the “things” we keep in our properties in a different way. DREAM has put together a room-by-room guide to get you started on decluttering your space, removing unnecessary baggage and letting your

THE KONMARI METHOD™

The KonMari Method is a simple but effective tidying method, ensuring you will never again relapse to clutter. It uses a unique selection criterion – choosing what sparks joy! You are not choosing what to discard but rather choosing to keep only the items that speak to your heart. Through tidying, you can reset your life and spend the rest of your life surrounded by the people and things that you love the most.

KONMARI.COM

KITCHEN

- In the pantry: throw away stale or expired items and donate canned goods that you know will go uneaten but are still edible.
- In the cupboards: remove chipped dishware as well as utensils, pots, pans and bakeware that are damaged beyond repair.
- Keep it clutter free: put items where they belong and leave a small bin to collect items that don't belong there.

BATHROOM

- Clean out the medicine cabinet and discard outdated medications, skincare and makeup.
- Organize the drawers and shelves so the items you use the most are readily available.

BEDROOM

- Clear out dressers, wardrobes and closets by removing non-seasonal clothing you haven't worn in more than six months or items that no longer fit. Sell or donate items in good condition.
- Organize your drawers by function: undergarments, activewear, t-shirts etc.
- Depending on the size of the room, purchase a hanging storage unit or floor shelf for shoes that can maximize the closet space.
- Separate anything that should go to the cleaner or tailor.
- Remove everything from the nightstand that does not belong.

LIVING ROOM

- Create easily accessible, permanent storage space for items you use most often, such as the remote control.
- Fold throws and place in a decorative basket within reach of the sofa.
- Sort through your electronics and wires to determine what works and if you still use it. Store your frequently used items where you tend to use them or in a closet if possible.
- Recycle back issues of magazines, use for a wood burning fire outdoors and be sure to include newspapers you've already read. Donate books you don't want to keep and categorize them in your library.

You can always count on our DREAM Team. Contact us for a referral to a great cleaning specialist in your area!